



Sermon
Kxf. Dr. Numlaajtsheb Yaaj

“Kev Yoomov”

Fifth Sunday after the Epiphany
Our Savior Lutheran Church – Hmong Ministry
2-9-20

Thov txoj koobhmoov txojkev hlub thiab txojkev haumxeb pub rau nej sawvdaws los ntawm Vajtswv uas yog pib Leejtxiv uas yog pib tus Cawmseej Tswv Yexus Khetos. Asmees.

Yaxayas 58:3, “Why have we fasted,’ and you see it not? Why have we humbled ourselves, and you take no knowledge of it? Behold, in the day of your fast you seek your own pleasure, and oppress all your workers – *Yog vim li cas pib yoomoov, yog nej twb tsis pom? Yog vim li cas pib thiaj li txo hwjchim, thiab nej twb tsis paub li? Saib seb, nyob rau hnub uas koj yoomov koj nhriav kev lomzev rau koj, thiab koj tsimtxom cov neeg ua haujwlm txhautus.*” Nov yog Vajtswv Txojlus. (Cross-reference – Lukas 18:12, Levi Kevcai 16:31, Exathaws 8:21, Yaxayas 22:12-13, Xekhaliyas 7:5-6, Malakis 3:14, Mathais 6:16-18)

Illustration “Fasting” (Show bag of money)



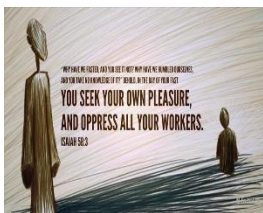
Nyob tebchaws United Kingdom muaj ib cov tswvcuab nyob rau ib Pawgntseeg txiavtxim haistias, cia lawv ua lub neej nyob ibyam li cov tibneeg uas yog cov muaj tsawg thiab tau tsawg. Lawv lub homphiaj yog ua lub neej tau tsawg thiab txaussiab hlo rau yam uas lawv muaj. Lawv cia Vajtswv los nyob rau hauv lawv lub neej thiab cia Vajtswv hloov lawv txojkev ua neej. Lub sijhawm uas lawv yuav ua li no, lawv xaiv nqi Vajluskub Qub Yaxayas 58. Tomqab uas lawv xyaum ua lub neej tus pluag li ntawd tag, muaj ib tug tswvcuab thiaj li haistias, “makes you realize just how much you really can give away. It makes you look at what you normally give and realize that it is far from

sacrificial – *koj mam li paub haistias, koj yimhuab muaj pub tau rau lwmtus ntau dua. Koj rov tig saib txojkev uas koj pub koj mam li totaub haistias, yam uas koj muab ntawd tseem tsis tau txaus.*” (Show Isaiah 53:7-8)



Lawv cov tswvcuab no pom haistias Vajtswv txojkev yoomoo thiab ua lub neej rau ntawm Vajtswv yog ua li cas tiag. Ua lub neej raws li Vajtswv Txojlus haistias, “Is it not to share your bread with the hungry and bring the homeless poor into your house when you see the naked, to cover him, and not to hide yourself from your own flesh? - *Faib nej tej zaub mov rau cov neeg tshaib plab noj thiab koj cov neeg pluag uas tsis muaj tsev nyob los rau hauv nej lub tsev thaum nej pom cov liab qab, muab lawv npog, thiab tsis txhob zais koj tus kheej ntawm koj cev nqaij daim tawv.*” (Vs. 7)

I. Nyob rau Vajluskub Qub ntawm Yaxayas 58, qhia txog haiv tibneeg Yixalayeess txog lawv txojkev yoomov. (Show Isaiah 58:3)



Lawv tsuas yog lam ua txojkev yoomov xwb, lawv lub siab twb tsis nyob rau ntawm txojkev yoomov ntawd. Sab nraud lawv lam ua kom tibneeg pom haistias, lawv muaj kev ntseeg thiab ua kom haum Vajtswv dejsiab tiamsis sab hauv lawv twb tsis muaj nploosiab ua kom haum thiab npuab Vajtswv tiag. Yaxayas thiaj li hais kom haiv tibneeg Yixalayeess yuavtsum pauv lawv lub neej. Lawv yuavtsum hlub cov tsis muaj noj muaj haus, pab cov txomnyem, pub ristho rau cov tsis muaj

hnav thiab yuavtsum thov Vajtswv foom koobhmoov rau lawv kom lawv rov muaj lub dag lub zog thiab rov muaj kev kajsiab dua. (Show prayer in the Synagogue on Yom Kippur)



Tiam tibneeg thaum ub ua kev yoomov yog ua kom Vajtswv txaussiab rau nws. Haiv tibneeg Jews lawv ua kev yoomov yog ua rau “the Day of Atonement – *Hnub Txais Kev Zamtxim.*” Hnubno yog Hnub haivneeg Jew yoomov thaum hnubtuaj txog hnubpoob. Cov Jewish hu txojkev yoomov no hu ua “Yom Kippur – Hebrew pronounce it jom ki pur” Cov menyuam tub tsis tau txog 13 xyoo thiab cov menyuam ntxhais tsis tau txog 12 xyoo, lawv tsis tas ua kev yoomov vim lawv tsis tau loj hlob txaus. Txojkev ua no yog pib sawvntxov mus txog thaum tsausntuj – muaj 5 lub phibti kev thov Vajtswv thaum lawv tuaj koom uake hauv lub tuamtsev.

- II. Yav dhau los kev yoomov yog ua rau ntawm Vajtswv kom tau Vajtswv txojkev hlub. Tiam tamsimno nes, tibneeg ua kev yoomov yog ua li cas tiag? Kev yoomov yog tsis noj ibyam dabtsi. Tibneeg yoomov tsis noj vim lawv muaj mob, lawv yoo tsis noj thiaj li yuav pab tau lawv lub cev. Ibtxhia yoomov vim tej nom tej tswv ua tsis haum lawv, ces lawv yoomov mus “protest – *tawmtsam*” kom tej nom tej tswv koj kev ncajnrees rau pejxeem. (Show fasting in prayer)



Yog vim li cas cov ntseeg nimno tseem ua kevcai yoomov? Txojkev yoomov no tsua yog rau haiv tibneeg Yixalayees xwb los sav, ua li cas cov ntseeg tseem niajhnub ua li ntawd thiab? Cov ntseeg yoomov vim yog ib txojkev xav tau Vajtswv txojkev hlub kev zamtxim thiab kev nyob ze ntawm Vajtswv. Cov ntseeg ntau zaug muab txojkev yoomov no saib yuamkev vim haistias, yog koj tsis ua kev yoomov ces koj tseem tsis tau Vajtswv txoj koobhmoov. Yog koj ua koj yuavtsum yoo tsheej hnub tsis txhob noj losyog haus ibyam dabtsi li koj thiaj li yog yoomov tseem. Yog koj hausdej losyog ua tej yam uas tsis yoo lawm ces tej no tsis tseemceb lawm.

Ces peb saib Yexus qhia peb li cas txog txojkev yoomov. Tus Thwjtjtim Mathais sau haistias, “And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you – *Thaum nej ua kev yoomov, nej tsis txhob ua ntsejmuag mluas mluas ib yam li cov neeg uas ntsejmuag ncaj siabnkhaus. Lawv ua txuj ua ntsejmuag mluas mlob kom sawvdaws paub haistias yog lawv yoomov. Kuv qhia rau nej haistias lawv twb tau lawv tej nqizog lawm. Tiamsis thaum nej ua kev yoomov, nej cia li ntxuav muag thiab ntsis plaubhau, kom lwm tus tsis paub haistias yog nej yoomov, tiamsis nej Leejtxiv tus uas pom nej twj ywm lawm. Ces nej Leejtxiv tus uas pom nej twjywm yuav muab nqizog rau nej.*” (Mathais 6:16-18)

- III. Yexus qhia rau peb haistias, thaum twg peb ua kev yoomov, peb yog ua rau ntawm peb tus kheej. Peb tsis yog ua sab nraud kom tibneeg pom haistias, peb nim ua tus muasmlob losyog tus siv ub siv no los ua kom tibneeg pom haistias peb yoomov rau Vajtswv thiab ua kom lwmtus qhuas haistias peb ua haum Vajtswv. Vajtswv tsuas xav kom thaum peb yoomov yog peb ua rau peb Leejtxiv tus uas nyob saum ntuj ceebtsheej twbywm tsis pub leejtwg pom peb thiaj li tau nqizog. (Show people fast in prayer)

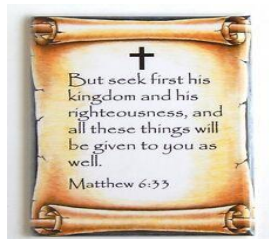


Lub ntsiablus ua kev yoomov yog li no: **Ib** – yog thaum twg koj ua kev yoomov yog koj txo koj tus kheej tias Vajtswv yog tus muaj hwjchim loj kawg nkaus thiab ua tau txhuayam. **Ob** – Kev yoomov uas tsis noj losyog caiv ntawm sab nqaijtawv. Lub sijhawm no yog qhia rau Vajtswv tias koj yog tus muaj kev txhaum. Ntawm nqaijtawv koj yeej muaj noj muaj haus tiamsis koj xav tau

txojkev puvnpo ntawm sab ntsujplig kom Vajntsujplig Dawbhuv ua tus koj koj txojkev kom koj paub ua lub neej haum Vajtswv dejsiab. **Peb** – Nov yog koj xav tau Vajtwv txojkev hlub, koobhmoov losyog Vajtswv txojkev pomzoo muab dawbpaug rau koj. Lub neej li ntiajteb ua koj muajcai ua tau tiamsis qhov pub txojkev ua tau haum Vajtswv dejsiab yog los ntawm Vajtswv. Yog li ntawd koj yoomov yog thov kom Vajtswv pub Nws txojkev hlub rau koj kom txhuayam koj uas yog ua kom Vajtswv tau koobmeej. (Show monk fasting in pray)



Kev yoomov tsis yog yuav yoo li cov haujsam uas yog ua rau tej huab tej cua tej dej tej nag, tej roob thiab tej yam mlom kom lawv tau zoo neej. Ua li tej no yuav pab tsis tau tibneeg dabtsi. Kev yoomov yog ua rau ntawm Vajtswv, kev ntshaw Vajtswv txojkev hlub. Vajtswv hu koj lo sisraug zoo nrog Vajtswv. Vajtswv kom koj yuavtsum xub nrhiav Vajtswv lub tebchaws uantej, thiab txhuayam Vajtswv yuav muab pub rau koj. (Mathais 6:33) (Show seek first)

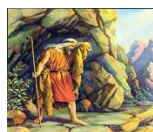


Txawm koj ua kev yoomov tsis ua kev yoomov los nco ntsoov haistias, koj xub nrhiav Vajtswv lub tebchaws uantej txhuayam. Kev yoomov yuav pab tsis tau koj dabtsi, tiamsis txojkev hlub kev ua tau yog los ntawm Vajtswv los. Koj tsis yog ua kom tau ntsej tau muag ntawm tibneeg tiamsis Vajtswv Txojlus samhwm tseg ntawm Yaxayas sau haistias, “Is it not to share your food with the hungry and to provide the poor wanderer with shelter— when you see the naked, to clothe them, and not to turn away from your own flesh and blood? (Show Isaiah 58:7-9)



Then your light will break forth like the dawn, and your healing will quickly appear; then your righteousness will go before you, and the glory of the LORD will be your rear guard. Then you will call, and the LORD will answer; you will cry for help, and he will say: Here am I – *Faib nej tej zaub mov rau cov neeg tshaib plab noj thiab qhib qhovrooj rau cov neeg pluag uas tsis muaj tsev nyob. Pub ris tsho rau cov neeg txomnyem tau hnav, thiab yuavtsum pab nej tej kwvtij. Ces kuv txojkev kaj yuav ci rau nej ib yam li lub hnuv ci thaum sawv ntxov, thiab nej tej qhov txhab yuav zoo sai. Kuv yuav nrog nraim nej thiab ua nej tus cawmseej; kuv*

lub hwjchim yuav tsomkwm puagncig nej. Ces thaum nej thov, tus Tswv yuav teb nej; thaum nej hu kom nws pab, nws yuav teb haistias kuv nyob ntawm no.” (Yaxayas 58:7-9) (Show assorted pictures)



Kev yoomov yog ua rau ntawm Vajtswv tsis yog ua rau tibneeg. Nyob rau Khiavdim 34:28 Mauxes yoomov tau 40 hnuv 40 hmo thiab sau tau 10 nqi Kevcai Tswjhw. Eliyas yoomov tau 40 hnuv 40 hmo (1 Vajntxwv 19:18) Yexus ua kevcai yoomov tau 40 hnuv 40 hmo tom tiaj suabpuam thiab raug dabntxwngnyoo simsiab uantej Yexus mam li pib Nws lub ministry. (Mathais 4:2) Tagnhro kev yoomov no npaj ua Vajtswv tes dejnum xwb. Yog li ntawd, txawm koj yoomov los tau tsis yoomov los tau.



Koj yuav hais tsis tau haistias, yoo ces yog Vajtswv txoj kevcai thiaj pab tau koj. Hnuv no Txojmoozoo thiaj li haistias, “You are the salt of the earth – *Nej yog cov ntsev uas las neeg ntiajteb.... You are the light of the world – Nej yog lub teeb uas ci rau neeg ntiajteb pomkev...*” (Mathais 5:13-14) Txhuayam koj ua yog “....let your light shine before others, that they may see your good deeds and glorify your Father in heaven –... *nej yuavtsum ci rau sawvdaws pom tej haujlwm zoo uas nej ua, lawv thiaj yuav qhuas nej Leejtxiv tus uas nyob saum ntuj ceebtsheej.* (Mathais 5:16) Asmees. Thov kom Vajtswv txojlus.....Asmees.